

"PRAY WITHOUT CEASING"

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SERMON NOTES-PASTOR KAI YUEN CHOI

1 Thessalonians 5: 16-18, Philippians 4: 6 - 7

Introduction

I. What is prayer & why do we pray?

II. How should we pray? A C T

III. How to Pray without Ceasing?

Conclusion:

Discussion Questions:

- 1. Be honest with yourself, how do you evaluate your "Prayer Life" from a scale of 1-10, 10 being the best, what level is yours? Please discuss in your class.
- 2. Discuss the concept of "pray without ceasing", is it impossible to do?
- 3. Practice the ACTS of prayers in your small group, and pray for each other. (Prayer not only strengthens our relationship with God, but when we pray with other believers, prayer also strengthens the bonds between fellow Christians.) Please just share one or two items for the group to pray for you, let others have a chance to share their needs as well.

Suggestions: because of time restraint, just pray for your brother/sister on your left or right only.

*Remember to keep confidential information among your own small group, and always ask for permission before you share someone else' prayer requests with others in the church