



We are encouraged to put our trust in God for the outworking of his purposes in our lives, in his time and his way.

1. Express your sorrow, v.1-2
2. Pray to the Lord, v.3-4
3. Trust Him, v.5-6

How then should we seek to comfort those who are suffering?

1. Be encouraging, helpful and patient (1Thess. 5:14)
2. Be compassionate and empathetic (Rom. 12:15, Pr.25:20)
3. Use words in appropriate ways (Pr.25:11, Jn.16:12)
4. Listen well (Jam.1:19, Job 2:13, 13:5, 13)
5. Pray in a way that will sustain and lift up the suffering (2Cor.1:11)
6. Love in Christ (1Jn.3:18)

Discussion Questions:

1. How does Psalm 13 speak to you ?
2. Share your experience of losing a loved one?
3. In what ways can you be a comfort to those who lost a loved one recently?
4. Pray for that family now
5. Pray for yourselves to be ready to minister in Christlike manner to those who will be experiencing pain and grief.

“GOD OF COMFORT IN OUR PAINS”



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